

**Small Group Ministry  
Group Session Plan**

**Opening Words:**

Spirit of life and love that lives in us and in all people, be present with us this day.  
Help us to be grateful for all that we have,  
grateful for this time of connection,  
grateful for these friends, and for all who enrich our lives.  
Spirit of life, be present with us as compassion,  
that we may open our hearts, listen with care, and be truly present with one another.  
Be present with us as generosity of spirit,  
that we may meet the world with good will.  
Be present with us as vision,  
so that we may see beyond this moment  
and beyond the limits of our own day to day concerns,  
and remember, once again, that we are part of a larger world, and all that lies therein.

**Check-in**

**Topic:** One of the goals of Small Group Ministry is to get to know one another better and to offer caring support to one another. Each person may have different approach to the sharing of personal information and have different needs when they are in the midst of transition, challenge or crisis.

- When you are going through a difficult time, what are the signs? (For example, do you seek advice, withdraw, cry, lash out, etc.)
- How do you best like to be supported? (For example, do you need space, enjoy receiving a phone call, written note, caring touch, etc.)
- What is most important for the group to understand about you so they can offer you the kind of caring that is most appropriate for you?

**Sharing/ Deep Listening**

**Conversation**

**Likes & Wishes**

**Closing Words:**

As we leave this place and this company, may the fellowship of this circle carry us forward, remind us of that which we hold to be most sacred and encourage us every hour, until such time as we meet again.